

QUALITATIVE INQUIRIES IN MUSIC THERAPY:

A MONOGRAPH SERIES

VOLUME 14

2019

Edited by
Douglas Keith

Barcelona Publishers

Copyright © 2019 by Barcelona Publishers

*All rights reserved. No part of this book may be reproduced
in any form whatsoever, including by photocopying,
on audio- or videotape, by any electronic means,
or in information storage and retrieval systems.*

*For permission to reproduce, contact
Barcelona Publishers.*

ISSN: 1559-7326

Distributed throughout the world by:

Barcelona Publishers

10231 Plano Road

Dallas, TX 75238

Website: www.barcelonapublishers.com

SAN 298-6299

EDITOR

Douglas Keith, PhD, MT-BC
Professor of Music Therapy
SRH University Heidelberg
Heidelberg, Germany

EDITORIAL REVIEW BOARD

Elaine A. Abbott, PhD, MT-BC
Assistant Professor & Chair of Music Therapy
Mary Pappert School of Music
Duquesne University
Pittsburgh, Pennsylvania USA

Susan Hadley, PhD, MT-BC
Professor of Music Therapy
Slippery Rock University
Slippery Rock, Pennsylvania USA

Heather Wagner, PhD, MT-BC
Music Therapy Clinician
Adjunct Professor
Berlin, Connecticut USA

Patricia Winter, PhD, MT-BC
Assistant Professor of Music Therapy
Radford University
Radford, Virginia USA

Darlene Brooks, PhD, MT-BC
Associate Professor of Music Therapy
Boyer College of Music and Dance
Temple University
Philadelphia, Pennsylvania USA

Kathleen Murphy, PhD, MT-BC
Assistant Professor of Music Therapy
Loyola University
New Orleans, Louisiana, USA

Barbara Wheeler, PhD, MT-BC
Professor Emerita
Montclair State University
Upper Montclair, New Jersey USA

Michael Zanders, PhD, MT-BC
Assistant Professor of Music Therapy
Texas Woman's University
Denton, Texas USA

CONTRIBUTORS

Erin Fox, MMT, MA, MT-BC
Alina Health Hospice
St. Paul, Minnesota
USA

Michael Kelliher, MS, MT-BC
The Rebecca Center for Music Therapy
Rockville Centre, New York
USA

Helen Oosthuizen, MMus
Teddy Bear Clinic, South Africa
PhD Candidate, University of Melbourne, Australia

EDITOR'S INTRODUCTION

Barcelona Publishers is pleased to present Volume 14 of *Qualitative Inquiries in Music Therapy*, comprising three research studies with diverse methodologies and client focuses. Erin Fox has written about music therapists working with hospice patients who are actively dying, using Interpretive Phenomenological Analysis (IPA) to understand these music therapists' lived experience. Ms. Fox describes two primary themes that emerged from these therapists' descriptions. This study is notable not only for its focus on an unusual clinical situation, but also for the author's use of arts-based methods to generate and understand data; Ms. Fox includes audio clips of improvisations created with participants and images of their mandalas.

Michael Kelliher also engaged in arts-based methods to understand the therapeutic relationship with a young adult client. Kelliher and his client engaged in a series of artistic activities to process their understandings of the relationship. The resulting songs are shared for the reader to experience while listening. Kelliher's study is notable for the substantial involvement of the client in the research process; he includes a link to experience the songs created in the course of the study.

Finally, Helen Oosthuizen presents a retrospective study on her experiences of chaos in music therapy groups with adolescents who have offended. Ms. Oosthuizen incorporated elements of grounded theory to develop an emergent theory about how chaotic experiences enable group transformation. This study is notable for its clear focus on developing a theory of a common experience in (group) music therapy: chaos; and for its exploration of the experience of working with clients who are traditionally considered to be "difficult."

We hope our readers enjoy and benefit from these studies.

TABLE OF CONTENTS

Editors

Contributors

Editor's Introduction

Douglas Keith

A phenomenological investigation of music therapists' lived experiences when working with hospice patients who were actively dying: An analysis of words, mandalas, and music

Erin I. Fox, MMT, MA, MT-BC

A closer exploration of therapeutic relationship through a musical medium: An arts-based research study

Michael Kelliher, MS, MT-BC

The potential of paradox: Chaos and order as interdependent resources within short-term music therapy groups with young offenders in South Africa

Helen Oosthuizen, MMus